

It's time to start thinking about Thrive Requirements!



- ⇒ Go to www.mybswhealth.com & Log In
- ⇒ Select MyChart
- ⇒ Go to Bottom of MyChart page & Select BSWH Employee
- ⇒ Submit Electronically

*at least 3 days after your visit

- ⇒ Go to www.thriveforwellness.com
- ⇒ Select Wellness Assessment
- ⇒ Complete all 4 sections
- ⇒ Receive completion certificate to confirm all sections completed

- ⇒ Go to www.thriveforwellness.com
- ⇒ Select Challenges
- ⇒ Join the Personal Pursuit
- ⇒ Click Flying Solo

Thrive Requirements Due by September 30, 2017

Schedule Now!

All labs & forms must be submitted with NO errors by September 30, 2017 to receive credit!

*Don't have a BSWH physician? No problem, email thrive@bswhealth.org for a form!



Head over to www.thriveforwellness.com and get started today!

